

CT EXAM PREPARATION



IT IS IMPORTANT THAT YOU FOLLOW THESE INSTRUCTIONS.

How to Prepare For Your Appointment

Medications

We will need a list of any current medications you are taking. Please bring a list of current medications with you.

Food and Drink

If a contrast agent will be used in your exam then you may be asked not to eat or drink anything for several hours prior to your exam.

When To Arrive

Please arrive 15 minutes prior to your CT appointment time. You will be asked to fill out an CT screening form and other paperwork.

What to Wear

You most likely will change into our gown. You will be asked to remove all jewelry, hearing aids, glasses and any other metallic objects. We provide lockers for your belongings.

Please Let Us Know



- If you are pregnant or breastfeeding
- If you have previous allergic reaction to CT
- Diabetes
- Kidney Disease or Renal Issues
- Asthma

CT - Computed Tomography

This advanced X-ray technique allows the radiologist to view bones, organs, blood vessels and general abdominal areas of the body in extraordinarily fine detail.



What to Expect During Your Exam

+ Scanning

Your technologist will bring you into the CT scan room where you will lie down on the patient table. The technologist positions the part of your body to be scanned in the middle of the CT machine.

+ Contrast Agent

Depending on the part of your body to be scanned, you may be given a contrast material through an intravenous (IV) line or oral contrast agent. For your safety you may need to have a blood test prior to having the contrast to make sure your kidneys are functioning normally.

+ Remaining Still

The most important thing for you to do is relax and remain still. When the CT procedure begins, you may breathe normally, however, for certain examinations you may be asked to hold your breathe for a short period of time.

+ Exam Time

An CT scan takes between 15 and 40 minutes to complete, that is including paperwork and preparing hard copies of the scan images for your doctor.

+ Noise

During the scan you won't feel anything, but you may hear sounds when the scanner revolves around you and producing images. These noises are normal and hearing protection such as earplugs will be provided.

+ Results

Your CT exam will be read by a radiologist trained to read the images and a report will be sent to your physician with in 24 hours after your exam. A CD of the exam images will be provided to you right after your examination.

After the CT Scan

You will be able to go soon after the CT is finished and can continue with normal activities.

If you had 'Contrast Agent':

- The dye will pass out of your body in your urine. You will not notice it as it is colourless,
- Drink plenty of fluid to help get rid of the dye.