

ULTRASOUND EXAM PREPARATION

IT IS IMPORTANT THAT YOU FOLLOW THESE INSTRUCTIONS.



How to Prepare For Your Appointment

+ Eating and Drinking

Preparation for the procedure will depend on the type of examination you will have. For some scans your doctor may instruct you not to eat or drink for as many as 12 hours before your appointment.

+ Taking Medications

You may continue to take any medication prescribed by your physician.

+ When To Arrive

Please arrive 15 minutes prior to your Ultrasound appointment time. You will be asked to fill out a screening form and other paperwork.

+ What to Wear

You most likely will change into our gown. You will be asked to remove all jewelry, hearing aids, glasses and any other metallic objects. We provide lockers for your belongings.

On the day of the examination, do not wear talcum powder, deodorant, lotion or perfume under your arms or on your breasts. These substances can cause artifacts on your mammogram making the images harder to interpret.

Please Let Us Know



- You should always inform the technician if you are pregnant or possibly pregnant or breastfeeding.

GENERAL ULTRASOUND

Ultrasound imaging uses sound waves to produce pictures of the inside of the body. It is used to help diagnose the causes of pain, swelling and infection in the body's internal organs and to examine a baby in pregnant women and the brain and hips in infants.



What to Expect During Your Exam

+ Scanning

Ultrasounds are generally pain-free and usually quite gentle. Sometimes the sonographer may need to push quite firmly on the transducer to get a clearer image. This might be a little uncomfortable for a short period of time but shouldn't hurt.

+ Use of Gel

The sonographer will apply a clear gel on your skin over the area to be examined then high-frequency sound waves are transmitted from the probe through the gel into the body.

+ Exam Time

An Ultrasound can takes between 30 to 45 minutes to complete.

+ Results

Your Ultrasound will be read by a radiologist trained to read the images and a report will be sent to your physician with in 24 hours after your exam. A CD of the exam images will be provided to you right after your examination.

+ Doppler Ultrasound

If a Doppler Ultrasound study is performed, you may hear pulse-like sounds that change in pitch as the blood flow is monitored and measured.